

BLEEDING HEART AT-A-GLANCE

ABOUT

- Perennial flower that blooms in the spring, dies off in summer
- Grows in shaded locations
- Can grow from seeds, transplants, or divisions
- Are self-seeding
- Deer and rabbit resistant
- Keep up to 2 weeks as cut flowers

STATS

- Grows up to 3 feet tall and wide
- Space most varieties 2 feet apart
- Features around 20 heart-shaped blooms drooping from long stems
- Blooms in red, pink, or white

REQUIREMENTS

- Hardy in Zones 3-9
- Requires well-draining fertile soil
- Soil pH of 6.0-6.5
- Plant transplants or divide in spring

PLANTING SEEDS

- Sow seeds outside in fall; Lightly cover with soil and water well
- Start seeds indoors by forcing to germinate with a cold period.
- Place seeds in container and

seed starting soil; Cover with plastic and place in freezer for 6-8 weeks



- Gradually expose to warmer and sunnier conditions to get to germinate; Keep soil moist

PLANTING TRANSPLANTS

- Plant transplants or bare roots outside in early spring.
- Dig hole 1 foot wide and deep; Amend soil with compost
- Add plant or bare roots; Backfill and water well
- Can add mulch to help soil retain moisture and stop weeds
- Can also start via propagation and division

MAINTENANCE

- Watering with 1" water or rainwater weekly
- Fertilizer isn't needed but can add compost early in spring or side dress with leaf mold
- Deadheading isn't needed, especially if wanting to self-sow
- Cut back to 1-2" above soil in fall

ISSUES

- Aphids, spider mites, mealy bugs
- Fungal leaf spot, powdery mildew, verticillium wilt, or asters yellow



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Life**

keeping the fun in gardening by keeping it simple!