

ASTILBE AT-A-GLANCE

ABOUT



- Low-maintenance perennial
- Grows well in shady locations
- Some varieties bloom in late spring, summer, or fall
- Great for borders and containers
- Buy as transplants or divisions; Don't grow well from seeds
- Deer and rabbit resistant
- Great for attracting pollinators

STATS

- Grow from few inches to 5 feet tall
- Space plants around 16" apart
- Bloom colors of white, pink, purple, red
- Over 25 varieties & hundreds of hybrids available
- Grows from rhizomes under soil

REQUIREMENTS

- Growing zones 4-9
- Prefer mostly shady locations with some dappled sun
- Slightly acidic soil pH of 6.0
- Organically rich, moist soils
- Amend soil with lots of compost prior to planting

PLANTING TRANSPLANTS

- Plant as soon as ground is workable in early spring
- Create hole slightly bigger than rootball or 2x as wide as bareroot and few inches deeper
- Fan out roots and backfill; Add compost if didn't amend soil
- Lightly tamp down and water well
- Can add all-natural mulch around base; Don't touch stem with mulch

MAINTENANCE

- Prefers constantly moist soil but no standing water; Water deeply and often in dry spells
- Heavy feeders; Fertilize with slow-release granuals prior to blooming
- Can also use compost tea or worm casting tea throughout growing season
- Add nitrogen-rich fertilizer in late fall
- No need for deadheading
- Divide clusters every 3-4 years

ISSUES

- Watch for powdery mildew or bacterial leaf spot

MISC

- Blooms make beautiful cut flowers; Last up to two weeks
- Dried blooms still look attractive on plants during winter months



**Simple Garden
Life**

keeping the fun in gardening by keeping it simple!